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# Lake Ontario Times

## Happy Fall!

The weather is starting to grow cooler, but fun times lay ahead for your kindergartener right here in Lake Ontario. We are beginning to learn letter sounds and numbers. Every day we talk about days of the week and the calendar. Any exposure you can give your child to these things will help nurture what we are talking about in class.

Mrs. Kendrick and I are starting to look at ideas for a field trip that will occur some time in October. Having a field trip will mean that I will need parent volunteers to act as chaperones. Keep your eyes peeled for notes home if you think this is

something you would like to do.

Cooler weather does not necessarily mean that your child will be inside. We try to have outdoor recess as much as possible, both in the morning and in the afternoon. I would like for your son or daughter to be able to participate. This means dressing for the weather. If it cold outside, please ensure your child has a sweater or jacket, and if your daughter is wearing a skirt, dress, or jumper give some consideration to uniform appropriate tights.

As always, I really appreciate your help in these matters. So far the parents of my students (all of you) have been phenomenal.

## Rest Time

We take a rest period each day Monday through Thursday right after lunch and afternoon recess. This time is set aside for your child so that after a long lunch and recess of playing, eating, and talking with friends they are able to settle down, use the restroom, and get a

drink. Remember that a child cannot focus on school work when they are too tired or too hungry. A good hearty breakfast after a full night of sleep is very important. As always, thank you for your support. You are your child's greatest mentor.

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September 2017  
Newsletter

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## Upcoming Events

**Sept. 13**

Spirit Day

**Sept. 14**

Birthday Bash

**Sept. 18**

Constitution Day

**Sept. 26**

Jeans for Cards

Bonfire night 6-8

**Oct. 11**

Spirit Day

**Oct. 12**

Birthday Bash

